Texts by Dr. Frank-M. Staemmler,
which have been written in, or translated into, English:

**Books:**

*Empathy in Psychotherapy: How Therapists and Clients Understand Each Other.*

- „Rarely have I read a book — surely not in psychoanalysis or psychotherapy — so scholarly and so accessible, so theoretically challenging and so humanistically rich.“ — Donna Orange

- „People intuitively know that we travel the byways of life jointly. Dr. Staemmler takes this common sense perspective and through professionally astute examination transforms it into a dependable guideline for living. His de-mystification and humanization of the elusive dynamics of communal existence returns the reader to the old adage that we are all in the same boat and, further, that it is emotionally imperative to let ourselves be there.“ — Erving Polster

*Aggression, Time, and Understanding: Contributions to the Evolution of Gestalt Therapy.*
New York: Routledge, Taylor & Francis (GestaltPress), 2009. — This book includes the following chapters:

- Ego, anger, and attachment: A critique of Perls’s aggression theory and method (pp. 3-184)
- The here and now is not what it used to be: The tail of the comet, the face of Janus, and the infinity of possibilities (pp. 187-233)
- Towards a theory of regressive processes in gestalt therapy: On time perspective, developmental model and the wish to be understood (pp. 235-301)
- Dialogue and interpretation in gestalt therapy: Making sense together (pp. 305-334)
- Cultivated uncertainty: An attitude for gestalt therapists (pp. 335-357)

**Articles and Book Chapters**

Human suffering and the vicissitudes of personal responsibility in the course of psychotherapy. *British Gestalt Journal* 2020, 29/1, 12-20.


Self as situated process (2015). In J.-M. Robine (Ed.), Self – A polyphony of contemporary gestalt therapists (pp. 105-121). St Romain la Virée: L'exprimerie.


The Now is not what it used to be . . . The meaning of time in Gestalt therapy or the times of meaning in Gestalt therapy. British Gestalt Journal 2011, 20/2, 12-21.

Continuity and change (2011). In D. Bloom & P. Brownell (Eds.), Continuity and change: Gestalt therapy now — The 10th Biennial Conference of the Association for the Advancement of Gestalt Therapy (pp. 100-108). Newcastle, UK: Cambridge Scholars Publishing.

Ego, anger, and attachment: A new way of looking at and working with aggression in gestalt therapy (2011). In D. Bloom & P. Brownell (Eds.), Continuity and change: Gestalt therapy now — The 10th Biennial Conference of the Association for the Advancement of Gestalt Therapy (pp. 318-333). Newcastle, UK: Cambridge Scholars Publishing.


Interview (with Nickei Falconer). Gestalt Journal of Australia and New Zealand 2009, 5/2, 7-18.


A Babylonian confusion?: On the uses and meanings of the term „field“. British Gestalt Journal 2006, 15/2, 64-83.

The willingness to be uncertain: Preliminary thoughts about interpretation and understanding in gestalt therapy. International Gestalt Journal 2006, 29/2, 11-42. Also in: L. Jacobs & R. Hycner


**Book reviews:**


